

# Tara Curling Club RETURN TO PLAY PROTOCOL 2020-21

September 2020

## Our Goals:

1. To be safe
2. To have fun learning a new way of curling
3. To be flexible and patient with each other
4. To assess the protocols on a regular basis



## A. Physical Distancing

- Maximum of 27 people on ice surface. Lounge area maximum 30 people (We are able to use a portion of the arena hall to increase our lounge area and ensure members can comfortably space out.)
- In all cases, individuals are asked to maintain physical distancing of 2 m on and off the ice

## B. Prepare the Club

### TCC will:

- Undertake a full cleaning of locker rooms, lounge, lobby and halls prior to start up.
- Provide volunteers with any PPE recommended by occupational health and safety guidelines, and with training to ensure it is used correctly. First aid kit will include face shield, mask, gown and sanitizer.
- Reconfigure lounge areas to allow for at least two meters between chairs.
- Ask members to self-screen before entering the building using tool provided. Members will complete a **Declaration of Compliance – Covid-19**
- provide signage to instruct members and employees/volunteers on health and safety best practices concerning Covid-19
- Provide non-touch lined waste disposal receptacles as well as disinfectant tissues and alcohol-based hand sanitizer dispensers in multiple, prominent locations around the club. This includes at entrances and exits for members
- Provide portable hand sanitizer bottles near any interaction points for members

## C. Ice Making & Equipment

- Ice Technician will be the only persons allowed to handle ice making equipment: power scraper, hand scrapers, pebbling cans & heads, brooms, mops, garbage cans etc.
- Only ice crew will use their storage locker.
- A sanitization schedule to clean the equipment will be prepared, logged and done by technicians.

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September 2020

## D. Registration

- Form & fee will be completed on-line through uplifter (found on the member tab on TCC website) <https://tcc.uplifterinc.com/>
- Note: E-transfer has been added as a payment option

## E. Contact Tracing & Masks

- A list of all teams, spares, their phone and email addresses will be posted at the entry. Skips will make note on accompanying blank sheet any changes (spares) for the game
- **Screening:** Members will be asked to self-screen before coming to the rink using the screening tool provided and not curl if having symptoms indicated on form and follow instructions given.
- Members will phone designated Board contacts upon exposure or if they have tested positive for Covid-19
- **Masks** must be worn in common areas. Masks may only be removed in the lounge area while you are seated.  
Masks are highly recommended on the ice (consider a medical mask which is a bit lighter).

## F. Layout & Navigation

- Players arrive at the rink ready to play **max. 30 min. before game dressed to curl, other than shoes and mask on at entry.** Enter through front door and sanitize hands using sanitizer provided at entry doors.
- Markers will be used to show traffic flow & distancing: on the front door, to the ice, off the ice
- Upon entry shoes will be put on rack, a family group may enter area together; Individual/group will enter when area is clear
- Coats and bags will be kept at your chair at the team table
- There will be **no locker use** in the Dressing Rooms except for Ice Crew heavy wear.
- Dressing rooms are unavailable at this time. This could change depending on government criteria.
- Washrooms will be limited to 2 occupants at a time
- Number of players in shared spaces will be restricted, including kitchen, bar area, ice room to maintain at least two metres between everyone.

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September 2020

## G. Hygiene

- All members, or those trying curling for the first time must sign a Declaration of Compliance
- Players/members will be told to stay at home if they have symptoms.

## H. Cleaning & Disinfecting

### TCC will:

- Purchase and place hand sanitizing dispensers in prominent locations (entrances, ice area, lounge, dressing rooms).
- Use cleaning products from Health Canada's list of hard surface disinfectants
- Identify high touch surfaces that will be wiped down after each game
- clean and disinfect washrooms, change rooms, lounge before and after each evening's use

### During the game:

- **Stones:**
  - Players select their two stones. No interchanging of stones during a game. Stones will be disinfected at the start of each game. Each player will disinfect their own stones after each draw so ready for next draw.
  - Players should not touch any stones other than their own. Let the player delivering the next stone retrieve their own stone.
  - The stones will be lined up in single file in the corners.
  - Measuring: remove gloves, sanitize your hands, conduct measure, return measure device to its normal location, and sanitize your hands.
  - Scoring will be done with gloves on by Vice.
  - Score keeper will disinfect numbers at end of game using products provided by the club.
  - Club brooms, sliders and grippers will be available but must be disinfected after the game by the user.
  - It is strongly recommended that members purchase their own gripper and slider.

## I. Learn to Curl Little Rocks and Juniors

- Instructors will use masks and will physically distance.
- To accommodate physical distancing a ratio of 8-1 (athlete to instructor) max,
- Parents are responsible for checking children and youth
- We will be following school guidelines; if the child didn't attend school they are not to curl until cleared to return.

# Tara Curling Club RETURN TO PLAY PROTOCOL 2020-21

September 2020

## J. **Playing the Game** (Page 9 Curling Canada Return to Play Guide & Appendix 5 CC Guide)

- **There will be one draw per night of curling.**
- Instead of a hand shake, **give a friendly wave** or **tap brooms** to start the game.
- **Vice will bring their own coin** to toss to decide the last stone advantage in the first end.
- Players stay on the same side of the sheet on markings (CC Appendix 5). For example, if you are playing on sheet 2, always walk or position yourself on the sideline to sheet 1. This will keep players 10 feet apart.
- Sheet 2 will begin their game at the opposite end of the rink to allow more social distance at the beginning and end of games.

### **Non-Delivering Team:**

- The two sweepers of the non-delivering team should be positioned on these marking while the other team is throwing.
- The player of the non-delivering team whose turn it is next to deliver should be positioned at hog line on the same side as the two sweepers.
- The Skip (or Vice-Skip) will stand on markers on the backboards but no closer than the hack.

### **Delivering Team:**

- The Skip has control of the house.
- The player whose turn it is to deliver is in the hack. The non-sweeping player is on the backboards. The sweeping player is at the T-Line.
- Once the stone has been released, the player who delivered the stone proceeds down the centre line of the ice until the halfway point to the marking or to the hog line if it is their turn next.
- After the stone comes to rest, the sweeper proceeds to the halfway markings. The non-sweeper travels to the halfway mark or the hog line depending on their turn to deliver or not.
- One sweeper only on all delivered stones. No relaying (second sweeper taking over halfway down the sheet).
- The person in charge of the house is not allowed to sweep under any circumstance.
- The skip of the non-delivering must remain in the hack area until all stones come to rest. They are not allowed to sweep the opposition stone behind the tee-line. Lessening of physical distancing restrictions would/could allow this guideline to be removed.
- The skip or vice skip (not both) of non-delivering team must stand at the hack until the other team is finished playing and has relinquished control of the house.
- The skip or vice skip (both teams) may not sweep any stones (both colours) set in motion by the delivering team.

**End of Game:** Players should tap brooms and leave the rink right after their game.

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September 2020

## **K. Bar & Food**

**We will be serving individual snacks only.**

**If the bar is open the following protocol applies:**

- Social distancing signs and markers must be followed when attending the bar.
- Members must be seated with physical distancing.
- Members are responsible for carrying their own drink to their table
- Members are responsible for disposal of cups, bottles and garbage into appropriate containers.
- Hand sanitizer will be available at tables.
- Bar staff will clean and disinfect tables, wash glasses and bar area after patrons leave.
- Masks will be worn by bar staff.
- Maximum of 30 people in lounge

## **L. Bonspiels**

- At the moment we are not planning bonspiels